



## **Optimal Plus provides proven therapy tailored to your condition.**

Designed with lipedema in mind, Optimal Plus and our upper and lower extremity garments are user-friendly. Put them on like a jacket or pants, zip them up, and even use your smartphone or tablet like a remote control. Lympha Press is “you time” that is both enjoyable and effective.



Scan this QR code to register for our monthly Roundtables.

# 87%

of patients studied reported a reduction in pain levels since using Lympha Press.\*

## **Two months in, I have lost about 32 inches.\*\***

My fibrosis has softened and I’ve got a lot less pain. The Optimal Plus has a pre-treatment setting where it can prepare your body to better flush out the fluid. I’m super excited!

**Kelly Maynard**  
Tyler, TX



\*Clinical evaluation of the effect of using intermittent pneumatic compression (IPC) at home for women with lipedema. Presented at the International Lymphedema Framework Conference, Copenhagen, Denmark, 2021.

\*\* Results vary from patient to patient



## **Lipedema**

11% of women have lipedema. Lympha Press can help.

## **Therapy that’s easy to live with.**

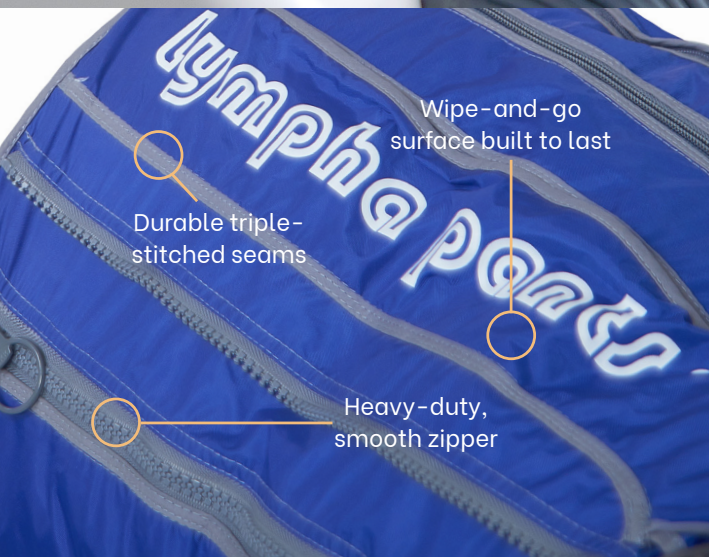
1-800-734-0422  
lymphapress.com



**Built for real life.**  
**Yours.**



Lipolymphedema Patient Angela Jones is shown using her Optimal Plus and wearing Lympha Pants.



## **Control lipedema.** **Don't let it control you.**

You've dieted and exercised to no avail. The fat accumulations on your legs, hips, abdomen, or arms are painful and sometimes embarrassing.

Lympha Press Optimal Plus offers hope as well as results for lipedema.

### **Lympha Pants:**

- Treat the entire lower body, including the entire trunk, abdomen, hips, and genital area.
- Easy to use and clean.
- Expands to fit most sizes.\*

\*LymphaPod available for patients from 350 to 700+ lbs